

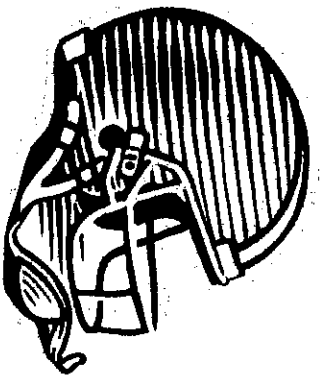
PE and Health Curriculum Analysis

August 19, 2015

Agenda

VI. Suggested guide to getting it all together:

1. Set up meeting with administration
 - A. Bring along last SHI and District IP
 - B. State your goals for SWC
 - C. Ask for recommendations for members
2. Building your School Wellness Council.
 - A. Members (remember great minds think alike)
 - B. Responsibilities and expectations
 - C. Set meetings and document
 - D. First items on your agenda should be:
 1. Getting parent for SWC to send to H-SHAC
 2. Completing SHI
3. Once SHI is complete SWC can now work on the PECAT And HECAT.
 - A. PECAT and HECAT are tools to help with aligning curriculum with national standards for high quality PE and Health.



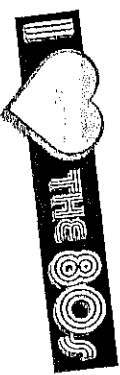
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- I. Introduction:
- II. What about my curriculum?
 - A. Getting everyone on the same train
- III. What am I responsible for?
 - A. Check out the District Improvement Plan? (DIP). The reason behind it all.

- IV. How in the world did I get myself into this?
 - Why did I wear that silly outfit yesterday?



- V. Deciphering the alphabet soup!

SHAC, SWC, SHI, PECAT, HECAT, LWP ????????????

SHAC = School Health Advisory Council

SWC = School Wellness Council

SHI = School Health Index

PECAT = Physical Education Curriculum Analysis Tool

HECAT = Health Education Curriculum Analysis Tool

LWP = Local Wellness Policy